



Penguin Foods Catering

1614 Christina Street
Rockford, IL 61104

Phone: 815-965-8604
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www.Penguinfoods.net

Buffet Luncheons

All menus include plates, napkins, utensils, and condiments

Requires prior day notice. Tax and delivery extra. Service staff available for an extra charge.

Full Luncheons

\$8.95 per person (10 person min.)

1. Hot Chicken Salad, Fresh Fruit Salad, Broccoli Salad, Bread & Butter
2. Baked Chicken Breast w/ Sauce, Rice Pilaf, Fresh Fruit Salad, Vegetable, Bread (Heart Smart)
3. Asstd. Sandwiches, Fresh Fruit Salad, Pasta Salad, Chips, Cookie
4. Baked Ham, Baked Chicken, Green Bean Casserole, Au Gratin Potatoes, Bread & Butter
5. Pulled Smokehouse BBQ, Buns, Baked Beans, Potato Salad, Chips, Assorted Desserts
6. Italian Beef, Mostaccioli, Potatoes Italiano, Bread & Butter
7. Taco Bar: Beef Taco meat, Soft Shell Tacos, Refried Beans, Mexican Rice, Chips & Salsa, Tomatoes, Onions, Sour Cream, Lettuce, Cheese, (Add Fajita Chicken for \$1.25 pp)
8. Lasagna (Meat or Vegetable), Garden Salad, Italian Vegetable, Bread & Butter

Value Luncheons

\$7.95 per person (10 Person min.)

1. Mostaccioli w/ Italian Sausage, Italian Salad, Bread & Butter, Dessert
2. Baked Spaghetti w/ Meatballs, Tossed Salad, Bread & Butter, Dessert

Individual Beverages: Soft Drinks and Bottled Water \$1.00 each

Delivery charges: Rockford, Loves Park, Machesney Park, and Cherry Valley \$15.00;
Rockton & Roscoe \$25.00; Pecatonica & Belvidere \$30.00; Freeport \$40.00